



Mel has presented at many educational centers since the mid-1980's, Harvard Medical School, Tufts and [click here](#)

He has also taught at the following learning centers, Naropa University, Esalen and Omega Institutes, the

In the 1970's he

- founded Interface, the first holistic training center in Boston
- worked in the psychophysiology lab at Harvard University under Dr. David Shapiro
- was personally trained by [Milton Erickson](#), MD, the foremost practitioner of the 20th century in clinical hypnosis
- studied Zen meditation in Hokkaido, Japan.

In the 1980's he

- established and conducted his major clinical counseling practice in Cambridge, MA
- developed and conducted a professional training program utilizing hypnosis for therapeutic practice

In the 1990's he

- was a scholar-in-residence at Esalen Institute
- worked as a consultant in the 1996 Olympics

In 2002 he began developing the [Tuning Effect©](#) method, which teaches individuals self-hypnosis for rapid trauma resolution.

In support for his work about using and teaching the poetic voice in therapy and education he was awarded the Poetic Voice Award.

He maintains an international counseling and training practice from Boulder, Colorado.